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Be Active Free Swimming

Holiday, Activities and Food Programme (HAF)

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Be Active Free Swimming

Sefton are offering free swimming sessions to under 16's in receipt of benefits related free school meals in the school holidays at our leisure centres.

Young people can access 1 free swim during half terms and the Easter and Christmas holidays, and 5 swims during the summer holidays. Under 8's will also receive a free swim pass for an accompanying adult.

Swimming sessions are available at the below venues:

- Bootle Leisure Centre
- Meadows Leisure Centre, Maghull
- Dunes Leisure Centre, Southport

if you are eligible and would like to access free swimming sessions, please [email](#) the name, D.O.B and school of the young person(s) wishing to attend along with your preferred venue.
