

## WATERLOO FAMILY WELLBEING CENTRE TIMETABLE JULY 24<sup>th</sup> – AUGUST 23<sup>rd</sup> 2024

DAY	Time	Session	Location	Age	Description
TUESDAY	10.30 – 11.00	STORYTIME BABY	Crosby Library 0151 2576400	Parents & Preschool children <b>DROP IN</b>	Storytime for preschool children/ register with the library.
	9.00 – 12.00	WEIGHING CLINIC	Waterloo Family Wellbeing Centre	Parents/ Carers & Babies <b>MUST BOOK ON</b>	Parents must book their baby in with the HV team on 0151 247 6354 for an appointment.
	9.30 – 10.30	BABY STAY & PLAY	Waterloo Family Wellbeing Centre	Parents/Carers and babies	Play session for non-walking babies to explore experiences of treasure baskets, sensory play and for parents to meet other parents for peer support.
WEDNESDAY	10.00 – 12.00	SUMMER PLAYSCHHEME	Waterloo Family Wellbeing Centre	Parents/carers & primary school aged children & their younger siblings <b>MUST BOOK ON. FREE</b>	Summer playscheme with art/craft activities and outdoor play. Stay and have a healthy lunch with us.
THURSDAY	9.30 – 11.00	PARENTING ADVICE DROP IN	Waterloo Family Wellbeing Centre	Parents/Carers <b>DROP IN</b>	Support and advice of various parenting issues.
	10.00 – 11.00	OUTDOOR PLAY	Waterloo Family Wellbeing Centre	Parents/Carers and children 18 months <b>DROP IN</b>	Outdoor play in the centres garden
FRIDAY	10.30 – 11.00	STORYTIME	Crosby Library 0151 2576400	Parents & Preschool children <b>DROP IN</b>	Storytime for preschool children and a chance to register with the library
	9.00 – 3.00	EARLY HELP SUPPORT	Telephone contact only Julie Herbert - 07809737482	Advice for families	Julie Herbert – Early Help Worker can support via telephone only on a Friday 9 – 3PM.

\*Booking essential for some activities. Please come into the centre or call on 0151 928 6539 to secure your place for sessions that to bookable.