

SUPPORTING YOUR CHILD WITH ANXIETY



**THURSDAY 29TH
AUGUST [AT] 10AM**



Take a picture of
the QR code and
follow the link to
our workshop

Come along to the parent and carer supporting your child with anxiety workshop delivered by the Team Around The School Link Workers & Holly from Kooth

This **online** informative workshop provides tips and strategies to support parents and carers with a greater understanding of anxiety, practical ideas to support your child and the importance of sleep

SEE YOU THERE!