

Anti- Bullying Week - 'Choose Respect' - November 2018

The theme for this year's Anti-Bullying Week is to choose respect over bullying.

Following a consultation with over 800 children, teachers and members of the Anti-Bullying Alliance, it emerged that a top priority was showing that bullying is a behaviour choice, and that children and young people can set a positive example by opting to respect each other at school, in their homes and communities, and online.

The aims of this week are to support schools and other settings to help children and young people, school staff, parents and other professionals who work with children to understand:

- The definition of respect
- That bullying is a behaviour choice
- That we can respectfully disagree with each other i.e. we don't have to be best friends or always agree with each other but we do have to respect each other
- That we all need to choose to respect each other both face to face and online

Day	
Monday	<ul style="list-style-type: none">• 9.05am Children in Need assembly
Tuesday	<ul style="list-style-type: none">• Revisit what is bullying and how to be an upstander (See Diana Award resource in Google Drive folder - Definition, VIP & 10 ways to be an upstander) This will reflect our new anti-bullying policy to be written by ambassadors)
Wednesday	<ul style="list-style-type: none">• 9.05am Anti-Bullying Assembly• Follow up to assembly lesson (see pack on GoogleDrive) and other subjects activities• Penny Pudsey (loose change) -weather permitting -TBC
Thursday 'Stop, Speak, Support' National Cyberbullying Day	<ul style="list-style-type: none">• Respect poetry- class shared/paired/independent write (Copies to be passed through to Mrs Maciver to be bound into a school book)• PSHCE - circle time or activity discussing respect online and how to stay safe
Friday	<ul style="list-style-type: none">• Wear Spots Day (50p min donation)• Feel Good Friday - Mr Parry organising a range of sporting activities and games

TASKS/LESSONS TO BE COMPLETED DURING THE WEEK WHEN APPROPRIATE WITHIN YOUR TIMETABLE OR ONGOING

- My One True Selfie activity - take selfie - Stick onto A4 paper in the centre -write positive qualities about self in one colour- pass around class for classmates to write positive qualities

about the person pictured (Reception/Y1 complete in guided groups and scribe). Pass down A4 completed pages to Mrs Maciver who will do a school collage.

- Praise Postbox - please make a box available in classroom for posting nice comments about others (template for praise points in Google Drive folder). A box will also be put in the Office corridor
- Self esteem/efficacy task - can be written/verbal or both - Children to think about positive attributes related to who they are and what they can do sentence starter 'I am...'
- Parachute game celebrating similarities and differences - 'It's true of me that....' Anybody sharing the same attribute crosses under the parachute to another place around the outside. Can be about visual appearances, interests, family etc. e.g. 'It's true of me that I have brown hair', 'It's true of me that I love football...' etc.
- Staff Lip Sync (throughout the week)
- Charlotte (Y6), Seb (Y5), Grace (Y5) and Jack (Y5) to meet with Mrs Maciver (time TBC) to re-write the Anti-Bullying Policy